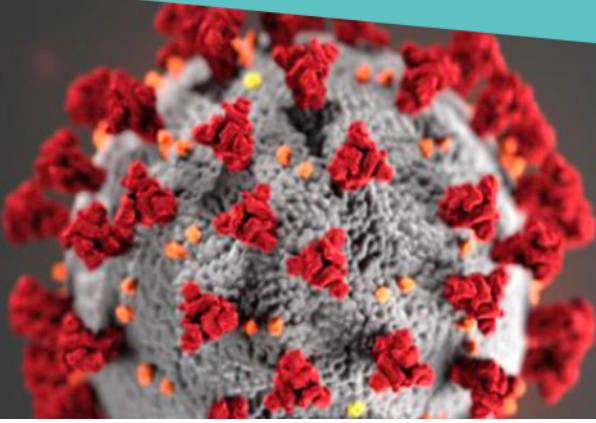


# BAL HARBOUR

- V I L L A G E -



Below is a list of *Frequently Asked Questions (FAQs)* and answers pertaining to the COVID-19 Pandemic.

As this continues to be a fluid situation, please check for updates posted here:

<https://www.balharbourfl.gov/bal-harbour/coronavirus>

These updates are sent via email and via WENS. If you would like to receive these directly by email, please enroll at [balharbourfl.gov/signup](https://www.balharbourfl.gov/signup) or by WENS enroll at [balharbourfl.gov/alerts](https://www.balharbourfl.gov/alerts).

## “SAFER AT HOME” ORDER

Residents and visitors are still urged to limit as much of their travel outside of their home.

Persons at high risk of severe illness from COVID-19 and people who are sick are strongly encouraged to stay in their residence to the extent possible, except as necessary to seek medical care.

At all times, residents and visitors shall adhere to the following social distancing practices:

- Maintain a distance of at least six (6) feet away from others except for members of the same household;
- Wash hands with soap and water for at least twenty seconds or use hand sanitizer;
- Cover coughs or sneezes (into the sleeve or elbow, not hands); regularly clean high-touch surfaces;
- Do not shake hands;
- Wear Facial Coverings when in public.

## FREQUENTLY ASKED QUESTIONS—JANUARY 04, 2021 UPDATE COVID-19 VACCINATIONS AND TESTING LOCATIONS

Where can I find out about getting the COVID-19 Vaccination? Miami-Dade County has created a new website to help seniors, and eventually the rest of the general public, find and schedule COVID-19 vaccination appointments. Please visit [miamidade.gov/vaccine](https://miamidade.gov/vaccine) for more information.

Where are the current vaccination sites?

### **Mount Sinai Medical Center**

Mount Sinai Medical Center is providing vaccines to Miami-Dade County first responders and individuals who are 75 years or older.

- Call 305-674-2312 to schedule an appointment, Monday through Friday from 8 a.m. to 5 p.m. and Saturday through Sunday from 8 a.m. to 1 p.m.
- The appointment line will be closed on New Year's Day.
- **No walk-ins will be accepted.**
- For more information, visit the Mount Sinai Medical Center website <https://www.msmc.com/coronavirus-update/>

### **Jackson Health System**

Beginning the week of January 4, Jackson Health System will launch an online platform for Miami-Dade County residents age 65 or older to request a vaccination appointment and receive a call back with the appointment date and time.

### **Homebound Seniors in County Public Facilities**

Miami-Dade County will provide vaccines directly to homebound seniors age 65 and older who live in County facilities or receive County services and wish to be vaccinated. Miami-Dade County staff are directly contacting these individuals to schedule vaccinations beginning Monday, January 4

If I already had COVID-19 and recovered, should I still get the vaccination? The COVID-19 vaccination should be offered to you regardless of whether you already had COVID-19 infection.

Do I still need to wear a facial covering and practice social distancing if I have received the vaccine? **Yes!**

While experts learn more about the protection that COVID-19 vaccines provide under real-life conditions, it will be important for everyone to continue using **all the tools** available to us to help stop this pandemic, like wearing a facial covering, washing hands often, and staying at least 6 feet away from others. Together,

COVID-19 vaccination and following CDC's recommendations for how to protect yourself and others will offer the best protection from getting and spreading COVID-19.

When can I stop wearing a facial covering and stop social distancing from others after I have been vaccinated? There is not enough information currently available to say if or when CDC will stop recommending that people [wear masks](#) and [avoid close contact with others](#) to help prevent the spread of the virus that causes COVID-19. Experts need to understand more about the protection that COVID-19 vaccines provide before making that decision. Other factors, including how many people get vaccinated and how the virus is spreading in communities, will also affect this decision.

What is Herd Immunity? Herd immunity is a term used to describe when enough people have protection—either from previous infection or vaccination—that it is unlikely a virus or bacteria can spread and cause disease. As a result, everyone within the community is protected even if some people don't have any protection themselves. The percentage of people who need to have protection in order to achieve herd immunity varies by disease.

What percentage of the population has to be vaccinated to have herd immunity to COVID-19? Experts do not know what percentage of people would need to get vaccinated to achieve herd immunity to COVID-19.

What to do if I feel that I was exposed to COVID-19? The Florida Department of Health recommends that you call your primary doctor or the county health department to describe your symptoms. They will decide whether you need to be tested. If you wish to speak to someone, the Florida Department of Health has established a Call Center available 24 hours a day, 7 days a week at 1.866.779.6121

If at any point, you feel that you need emergency personnel, please dial 911 and inform the call taker that you may have been exposed to COVID-19.

## **LOCAL TESTING INFORMATION**

Free testing for COVID-19 is being offered at drive-up, walk-in and mobile sites. Please refer to this link for the most updated locations and requirements

<http://www.miamidade.gov/global/initiatives/coronavirus/testing-locations.page>

## **Home Testing for Homebound Residents**

What if I am not able to leave my home but I would like to be tested? Miami-Dade County provides at-home testing to individuals that are disabled or homebound. Please refer to this link for the latest information. <http://www.miamidade.gov/global/initiatives/coronavirus/homebound-testing.page>

## **FREQUENTLY ASKED QUESTION PER THE CDC**

Can someone spread the virus without being sick? People are thought to be the most contagious when they are most symptomatic (the sickest). COVID-19 can be spread by people who do not have symptoms and do not know that they are infected. That's why it's important for everyone to practice social distancing (staying at least 6 feet away from other people) and wear cloth face coverings in public settings.

## WHO NEEDS TO SELF-QUARANTINE?

**There are no longer any requirements for individuals entering the State of Florida to Self-Quarantine.**

You may have been exposed to COVID-19 on your travels (domestic and /or international). You may feel well and not have any symptoms, but you can be contagious without symptoms and spread the virus to others. You and your travel companions (including children) pose a risk to your family, friends, and community for 14 days after you were exposed to the virus. Regardless of where you traveled or what you did during your trip, take these actions to protect others from getting sick: (1) When around others, stay at least 6 feet from other people who are not from your household both indoors and outdoors; (2) Wear a mask to keep your nose and mouth covered when you are outside of your home; (3) Wash your hands often or use hand sanitizer; (4) Watch your health and look for symptoms of COVID-19. Seek medical treatment if you develop symptoms.

## OUTDOOR ACTIVITIES

Has the Village implemented a curfew village-wide? The Miami-Dade countywide curfew has been amended effective October 12, 2020 to be in effect from 12:00 Midnight to 6:00 a.m. daily in an effort to curtail late-night activities that facilitate the spread of the virus.

Is the beach open? All beaches in Miami-Dade County are open from 7am to 8pm daily.

What activities can I do on the Beach? When the Beach is open, the following activities on Beach Sand and Beach Shore will be allowed with 6 feet of social distancing between people of different Households: (1)

Walking (with face covering) and jogging (with face covering lowered and with joggers maintaining a social distance of 12 to 15 feet), (2) Swimming / surfing (body, kite) / paddle-boarding / kayaking, (3) Sunbathing or sitting on individually-owned beach chairs and / or beach towels, where permitted –a minimum of 6 feet apart, (4) Eating among members of the same household (up to 10 people).

Can I lay on the beach? When the Beach is open, sunbathing or sitting on individually-owned beach chairs and / or beach towels, where permitted, without wearing facial covering, but maintaining a minimum of 6 feet distance between people from different households will be permitted.

Can Chairs be used on the Beach? When the Beach is open, sitting on individually-owned beach chairs and / or beach towels, where permitted –a minimum of 6 feet apart between people of different households will be permitted.

Can families or friends sit or lay in the sun together? When the Beach is open, social distancing and facial coverings are not required for members of the same household who reside together, up to a maximum of 10 people, when simply sitting on a chair and sunbathing. However, every person must have a facial covering available to wear as necessary, and are required to be worn once getting up, walking around the beach, going to the bathroom or other locations. Facial coverings are not required for (1) children under the age of 2, or (2) persons who have trouble breathing due to chronic pre-existing condition.

Can I bring food or have a picnic on the Beach? When the Beach is open, eating among members of the same household (up to 10 people) is permitted.

What activities are not permitted on the Beach? (1) No groups greater than 10 persons shall congregate, (2) No shared equipment (i.e. beach chairs, umbrellas, coolers, etc.) among people from different households, (3) No canopies or tents, (4) No organized or group activities and athletics involving groups of two or more (for example, volleyball, football, soccer, frisbee, paddle ball, etc.), (5) No gatherings of people from different households, unless social distancing guidelines are maintained –group size shall not exceed 10 persons at any time, (6) Areas of social gathering in beach parks, including bathhouses

(changing rooms), picnic pavilions, playgrounds are not to be accessible, (7) No special events, including group picnics, (8) No use of exercise equipment and playgrounds, (9) No dogs / pets on the beach.

Can I go out on my boat or jet-ski? Yes, if leaving from your Personal Residence or the Marina. Please contact individual marinas for hours of operation. Jet Ski's may have up to two riders from same family.

Can I go out to the Sandbar? No, rafting or beaching of boats is prohibited. Landing and / or anchoring at Sandbars is prohibited.

Can I fish from the Beach? No, fishing is not permitted from either the Beach or the Jetty.

Is the beach path open? The beach path is open, but under the new re-opening Order from Miami-Dade County, residents / visitors must continue to practice social distancing and utilize a facial covering which are critical for avoiding the risk of contracting COVID-19.

Are Bicycles allowed on the Beach Path? Residents and visitors are welcome to enjoy the Bal Harbour Beach Path throughout the day. Please remember that Bicycle Riders are sharing the Beach Path with casual walkers, families with strollers, senior citizens, dog walkers and all other pedestrians as well.

Does everyone have to wear a Facial Covering? By Order of Miami-Dade County, facial coverings shall be worn by everyone except: (1) while at or inside a private residence; (2) while inside a private automobile; (3) while at or inside any religious institution, without limitation; (4) inside a hotel, motel, or commercial lodging establishment guest room, or inside any apartment; (5) children under the age of two years; (6) persons who cannot wear a mask or facial covering due to an existing medical condition; (7) individuals who are hearing impaired or an individual who is communicating with an individual who is hearing impaired; (8) where federal or state safety or health regulations prohibit the wearing of facial coverings; (9) persons actively engaged in strenuous physical activity outdoors; (10) persons sitting on a chair and sunbathing, swimming, or engaged in other activities which may cause the facial covering to become wet; (10) while actively eating, drinking, or smoking; and (11) while receiving services which require access to the nose or mouth. Only you can determine if you are exempt from using a mask based on these conditions, but we encourage you to be mindful of remaining as safe as possible while also keeping others safe as well.

If I am engaged in Sporting Activities, do I need to wear a Facial Covering? Facial coverings shall not be required while actively engaging in an organized sport, playing tennis, or while swimming or otherwise in a pool, ocean, or other body of water. For purposes of this exemption, organized sport means a sport such as soccer, baseball, basketball, softball, boxing, and other recognized sport that is part of an established athletic league or part of an organized program (municipal or otherwise). The facial covering exemption for organized sports includes training and practice sessions and matches, but prior to commencing and immediately upon concluding a training or practice session or a match, individuals must wear facial coverings.

If I am doing individual Sporting Activities which are not part of an organized team, do I need to wear a Facial Covering? Individuals who are exercising in their personal capacity and not training as part of an organized sport (i.e., participating in a regular fitness class, using gym equipment as part of a workout, including with a personal trainer or coach, or playing a sport for leisure, excepting tennis) do not fall within the definition of "organized sport" and are not exempted from using facial coverings.

If I don't wear a mask, will I receive a citation or a fine? Yes, Enforcement will continue countywide for individuals who don't follow rules, and when the Governor's Order ends and suspension of fines ends, the County will pursue the collection of fines. Police and Code will continue to enforce orders.

Is the Bal Harbour Jetty open? The Jetty is open to pedestrian use only with social distancing. The Jetty is open every day for all passive activities until closed at 7 pm unless the weather dictates otherwise.

Can I fish from the Jetty? The Jetty and the beach are closed for fishing until further notice.

Can I ride my bicycle on the Jetty? No, bicycles are not permitted on the Jetty.

Are the Swimming Pools Open? Yes, Swimming Pools, Jacuzzis and hot tubs can be open by Order from Miami-Dade County.

Can I just sit or lay by the pool? If you are a resident or hotel guest, yes, pool decks are considered part of the swimming pool and may be open, with required restrictions –please check with your individual building management / hotel staff for pool rules.

Are Chairs allowed on pool decks? Yes, but non-family members must be separated by a distance of 6 feet.

Where can I go for outdoor exercise? You may go walking, jogging or cycling along the Beach Path or you may work on your basketball skills, or play Tennis if your building offers these amenities.

Are Basketball Courts Open? Yes, Basketball Courts or Hoops located in the individual buildings may be used, but only for individual sports skills practicing and no competitive play.

Are Tennis Courts Open? Yes, tennis courts can be used, for singles and doubles tennis.

Is the Bal Harbour Park or Basketball Court, located at 16 Bal Bay Drive, Open? Due to the pending Bal Harbour Park and Community Center construction the playground will not be reopened until the Community Center opens in 2022. The Basketball Court will be open for residents, open play only, upon the installation of a perimeter fence; it is currently closed.

Are Golf Courses Open? Yes, please contact the individual golf course for exact details and requirements.

Are Dog Parks Open? Yes, the Haulover Beach Dog Park as well as all Dog Parks in the County are open.

## MOVING TO THE NEW NORMAL

To learn more about Miami-Dade County's guidelines for non-essential business please refer to the link for the [Moving to A New Normal Handbook](https://www.miamidade.gov/information/library/new-normal.pdf) at <https://www.miamidade.gov/information/library/new-normal.pdf>

Do I still have to observe Social Distancing? The Bal Harbour Village Emergency Safer at Home Order # 06 as well as a Miami-Dade County Order which requires residents and visitors to adhere to social distancing practices, such as maintaining a distance of at least six (6) feet away from others who are not in the same household.

## FACIAL COVERINGS AND GLOVES

Does everyone have to wear a Facial Covering or gloves when going out? Facial coverings must be worn by everyone when in public except: (1) while at or inside a private residence; (2) while inside a private automobile; (3) while at or inside any religious institution, without limitation; (4) inside a hotel, motel, or commercial lodging establishment guest room, or inside any apartment; (5) children under the age of two years; (6) persons who cannot wear a mask or facial covering due to an existing medical condition; (7)

individuals who are hearing impaired or an individual who is communicating with an individual who is hearing impaired; (8) where federal or state safety or health regulations prohibit the wearing of facial coverings; (9) persons actively engaged in strenuous physical activity outdoors; (10) persons sitting on a chair and sunbathing, swimming, or engaged in other activities which may cause the facial covering to become wet; (10) while actively eating, drinking, or smoking; and (11) while receiving services which require access to the nose or mouth. Only you can determine if you are exempt from using a mask based on these conditions, but we encourage you to be mindful of remaining as safe as possible while also keeping others safe as well. Gloves are not required to be worn.

What kind of facial covering do I need to wear? A facial covering which snugly covers the face and mouth, whether store bought or homemade, and which is secured with ties or ear loops. The CDC is advising the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

Should I use the N95 Mask? No, those masks are critical supplies for health care workers, police, fire and emergency management, or other persons engaged in life/safety activities. A store bought or homemade facial covering, properly worn is what is required.

Is this rule in effect everywhere in Bal Harbour and everywhere in Miami? Yes, the Miami-Dade County Mayor has issued this Order for all of Miami-Dade County.

If I wear a facial covering, do I still have to observe the social distancing guidelines? YES! Wearing a facial covering does not change or alter these guidelines.

I live in a Condominium Building. Do I have to wear a facial covering in the Lobby, Hallway or Elevator? Yes, you must wear a facial covering anytime you leave your individual apartment / unit and are in any common area of the Condominium / Residential Building.

Do I have to wear a facial covering when I am walking to / from my car in the building garage? Yes, you must wear a facial covering anytime you leave your individual apartment / unit and are in any common area of the Condominium / Residential Building.

Do I need to wear a facial covering while on the Beach Path? Yes, the same requirements for wearing a facial covering (listed above) apply to the Beach Path and on the Beach.

Do I need to wear a facial covering on the Beach or Pool Deck? On Pool Decks in Hotels and Private Condominium Residential Buildings, people are required to have and wear a facial covering while 1) walking around, 2) interacting with others outside of their household / unit / guest room-suite, 3) moving about the pool deck to and from their chairs, their units / guest rooms-suites, restaurants, bathrooms, other public areas, etc. Facial Coverings will not be required while sunbathing on a chair and maintaining the required 6 feet of Social Distancing between persons from different households / units / guest room-suites. The person must have their facial covering with them at all times and be able to show it and / or wear it if and when necessary. Facial coverings that are wet are ineffective (beach/pool goers should bring an additional clean and dry face covering to replace a face covering that becomes wet or dirty).

Do I need to wear a facial covering while in the ocean or in a pool? No facial coverings should not be worn in the ocean or in a pool.

## INDOOR ACTIVITIES

What continues to be closed? Miami-Dade County Emergency Order 30-20 authorizes every retail and commercial establishment and any other establishment or facility in the County to open provided that each such establishment complies with specific capacity, social distancing and other requirements, including the applicable activity-specific requirements in the "Moving To A New Normal Handbook".

Can I book a private event in a Condominium or Hotel? Miami-Dade County Emergency Order 30-20 authorizes every retail and commercial establishment and any other establishment or facility in the County to open provided that each such establishment complies with specific capacity, social distancing and other requirements, including the applicable activity-specific requirements in the "Moving To A New Normal Handbook".

Are Fitness-Related Facilities now open? By Order of Miami-Dade County, all gyms / fitness studios / spas can be open. All individuals inside a gym or fitness center must wear a facial covering at all times.

Which Fitness-Related Facilities are now open? Gyms, Fitness Studios (dance studios, martial arts studios, yoga studios, spinning studios, personal training services, and similar establishments) may open with best practices and minimum standards outlined by the Centers for Disease Control and Prevention (CDC) and the Florida Department of Health (DOH) to protect the health and safety of all members, staff and the community. Additionally, all individuals in a gym or fitness center must wear a facial covering at all times. Please note that there are capacity, and social distancing requirements—contact the facility directly for specific information.

Do I have to wear a facial covering in the Gym / Fitness Studio? By Order of Miami-Dade County All individuals must wear a facial covering at all time when in the facility and while maintaining a minimum of 6 feet distance from each other. Facial Coverings must be used for any indoor activity including: *Aerobic Classes, All Dance Activity involving floor work including, but not limited to, Zumba, Ballet and Tap (Singles unless members of same household), Barre Classes, Basketball (Singles unless members of same household), Boot Camps, Boxing (Singles unless members of same household), Cheerleading, Circuit Training (No sharing of equipment), CrossFit, Gymnastics, HIIT (High Intensity Interval Training), Indoor Tracks (Singular direction), Metabolic Conditioning, Personal Rope Jumping, Pilates, Racquetball (Singles unless members of same household), Spinning, Stationary Cardio Equipment - High Intensity, Strength Training, Yoga, Barre work for dance classes, Chair Fitness, Martial Arts (Singles unless members of same household) Selectorized gym equipment workout, Strength Training.*

What if I have a Trainer / Instructor? Check with your facility if this is allowed. Instructors and all staff, members, and guests must wear a facial covering when inside the facility.

Are there time limits for being in the Gym / Fitness Centers? New distancing requirements may require Facilities to alter scheduled hours or place time limits on work-outs to ensure all members have an opportunity to utilize the facility. Please check with the individual facility directly.

What areas are not open at Gyms / Fitness Centers? Common-use amenities, including, but not limited to, saunas, steam rooms and locker rooms, showers (except pool showers), must remain closed at this time.

What is not allowed in the Gyms / Fitness Centers? (1) No physical contact between any individual within the facility unless individuals are members of the same household, (2) other amenities, including, but not limited to, body lotions, deodorant, razors, shaving cream and mouth wash, must not be provided.

Can I take my own equipment to the Gym? You should bring your own towel, mats, bands and water bottle. Check with the facility regarding other equipment.



## HOTELS, RESTAURANTS AND THE BAL HARBOUR SHOPS

Are Bal Harbour Hotels open? All Bal Harbour Hotels are open. Please check with the specific Hotel for more details.

Are all facilities open at the Hotels? Meetings, Events and Conventions can be held in accordance with the requirements outlined in the New Normal Guidelines which include: (1) a maximum occupancy of 50% of capacity, (2) Social distancing of 6 feet between tables, (3) maximum of 6 people per round table, (4) a maximum of 6 hours in duration. Restaurants may offer indoor seating at a maximum of 100% of occupancy, and outdoor service, both with a limit of 6 people to a table (10 if from same-household), for on-site consumption. Room service may also be available. Please check with the individual hotel for specific details.

Are Short-Term (6 months or less) rentals allowed? By Order of Miami-Dade County, a maximum daytime and overnight occupancy for short-term vacation rentals is set at a maximum of two persons per bedroom plus two additional persons per property not to exceed a maximum of ten persons, and prohibits new rental agreements being entered into except on a monthly basis.

Are restaurants Village-wide open? By Order of Miami-Dade County, all restaurants may offer indoor and outdoor seating (with certain occupancy, seating, social distancing restrictions, and air-conditioning /open windows and doors policies), take-out, and delivery services. Please check with the specific restaurant directly for more details.

What are the dining restrictions for restaurants? (1) Table size limited to six persons per table (10 if from same household); (2) tables must be arranged such that the distance from the back of one chair to the back of another chair shall be at least 6 feet apart and guests shall face each other from a distance of at least 3 feet (3 foot of internal table distance does not apply to parties consisting of one household unit); (3) Customers must wear masks at all times unless seated at a table; (4) HVAC systems with the fans "on" while people are in the establishments and doors and windows must be open to maximize the circulation of fresh air.

What time do Restaurants close? Check with the specific restaurant for operating hours.

Can a customer still walk-in and order to-go? If the restaurant offers this option, you may be able to walk-in and order items to go. However, in order to avoid extended wait times and exposure to other people, we highly recommend ordering ahead of time, prior to pick-up (or ordering delivery if that's an option). Many restaurants have online ordering apps or website options to place an order; this is a good time to use those options.

Is Bal Harbour Shops open? The Bal Harbour Shops re-opened with restrictions. Please contact the specific Boutique for more details.

Are Other Retail Stores, Restaurants and Museums now open? Yes, these facilities are open under restrictive measures. Please call ahead or check the website of the specific location for precise information.

## CONSTRUCTION

Is Construction Allowed in Bal Harbour? All interior and exterior construction activities at occupied structures and properties may resume with restrictions (See updated [Order #09-20 First Amendment Construction Activities](#)).

Is Construction Allowed on Commercial Buildings or Structures or Residential Properties under construction? Yes, as long as the following restrictions are followed: (1) Construction sites shall have 10 or fewer persons at a single-family residential construction site, and 10 or fewer persons per work area on other construction sites; (2) All workers must use personal protective equipment, including gloves, goggles/glasses, and masks/respiratory protection. (3) No food trucks shall be allowed at any construction site; 3) All construction workers are to stay within the construction sites and not congregate in the public right of way except while driving to and from the construction site.

Contact Grace Escalante [gescalante@balharbourfl.gov](mailto:gescalante@balharbourfl.gov) or the Building Department for any other inquiries or questions.

## VILLAGE SERVICES

Is Village Hall open? Village Hall remains open by appointment only. Staff is on-site. Please call and confirm any previously scheduled meetings before arriving. You may call or email [coronavirus@balharbourfl.gov](mailto:coronavirus@balharbourfl.gov).

Is the Building Department open? The Bal Harbour Building Department is only open for plan drop off and/or permit pick up. The Village is performing inspections under certain criteria. See process and procedures online at: <https://www.balharbourfl.gov/government/departments/building>

## PARKS & RECREATION

Due to the pending construction activities associated with the New Bal Harbour Park and Community Center Project, all Recreation programming, special events and excursions have been suspended.

The playground will remain closed during the construction period and will reopen as part of the Community Center opening in 2022.

The basketball court will be reopened for resident open play only, when new perimeter fencing and a new entrance is completed.

## TRANSPORTATION

Due to Budgetary adjustments, the Bal Harbour Shuttle service has been suspended for the 2021 Fiscal Year beginning October 1.

Will Miami-Dade Transit continue to operate? Miami-Dade Transit's Metrobus system will continue to run FREE weekday routes across Miami-Dade County with reduced frequencies. For Miami-Dade County Service Updates including transit service, please visit: <https://www.miamidade.gov/global/initiatives/coronavirus/county-updates.page>

## PREPARED MEALS DELIVERY SERVICES AVAILABLE

### **Meals for Seniors**

If you are a citizen over the age of 60 and have any problems getting meals, please call the County's Call Center by dialing 3-1-1, and they will assist you in registering.

## GROCERY DELIVERY SERVICES AVAILABLE

Walmart Grocery Delivery

<https://grocery.walmart.com/locations/delivery/Walmart-Miami-FL-Neighborhood-Market-4140>

Instacart Grocery Delivery

<https://www.instacart.com>

Shipt Grocery Delivery

<https://www.shipt.com>

Amazon Prime Grocery Delivery

<https://www.amazon.com/vdp/1ccf408d4a5942769ad6b31b07e>

UberEats Food Delivery

<https://www.ubereats.com>

Doordash Food Delivery

<https://www.doordash.com>

Grubhub Food Delivery

<https://www.grubhub.com/>

So Heavenly (Glatt Kosher)

<http://soheavenly.net/>

305.308.7417

786.999.8432

The Carrot (Kosher)

<https://www.thecarrotsurfside.com/>

786.216.7355

Lenny's Pizza (Kosher)

<https://www.lennypizza.com/>

305.397.8395

## RELIGIOUS INSTRUCTION / SERVICES

### **The Shul of Bal Harbour**

<https://www.theshul.org/> Virtual classes are being offered by the Shul of Bal Harbour. If you would like to join, please download the zoom app from the Apple App Store or Android <https://zoom.us/j/6457054016>

### **St. Patrick's Cathedral (New York City)**

Celebrates Mass at 7:00am Monday-Saturday, and 10:15am on Sunday via this link  
<https://saintpatrickscathedral.org/live>

### **St. Patrick's Miami Beach**

Celebrates Mass in both English and Spanish Daily via this link  
<https://www.stpatrickmiamibeach.com/>

For other Masses in the Archdiocese, please visit  
[https://www.miamiarch.org/CatholicDiocese.php?op=Television\\_Mass](https://www.miamiarch.org/CatholicDiocese.php?op=Television_Mass)

### **Church by the Sea**

Sunday Worship is at 10:30am and Tuesday's meditation is at 7:30.  
<https://www.churchbythesea.org/>