

BAL HARBOUR

- VILLAGE -

Bal Harbour Village Boredom Buster Recommendations #1 March 19, 2020

Dear Bal Harbour Residents:

With all of us now finding ourselves with more time on our hands, BAL HARBOUR VILLAGE would like to share with you a few recommendations to explore new experiences, learn about something new, or delve into a favorite past-time----all without having to leave your home! Based around our pillars of **Arts & Culture, Culinary, Wellness, Fashion and Lifestyle** which all form part of *The Bal Harbour Experience* we will share ideas and links for you and your family to explore during the week.

To get started within the **Arts & Culture** segment we will focus on *Music*, with a couple of different offerings, from Opera to Current Chart Artists from which to choose to listen:

The Met
ropolitan
Opera

Metropolitan Opera to Offer Free Performance Streams Amid Coronavirus Shutdown



Coldplay, John Legend and Keith Urban are taking to social media to share their songs in your living room.

John Legend: <https://www.youtube.com/watch?v=l2NTcBmQkpw>

Keith Urban: https://www.instagram.com/keithurban/channel/?utm_source=ig_embed


Coldplay: https://www.youtube.com/watch?time_continue=15&v=YMBK9OfsKO4&feature=emb_logo

We hope you will enjoy the performances! In our next edition, our topic will focus on *Lifestyle*.

Useful Information:

We also know that grocery shopping and eating out have become more difficult, so we have compiled this list of companies who can shop for and deliver your groceries directly to you, or bring prepared food from your favorite restaurants:



Grocery Delivery Services Available:

-  InHome Walmart Grocery Delivery <https://grocery.walmart.com/locations/delivery/Walmart-Miami-FL-Neighborhood-Market-4140>






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 Instacart Grocery Delivery <https://www.instacart.com>


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 Shipt Grocery Delivery <https://www.shipt.com>

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 Amazon Prime Grocery Delivery
<https://www.amazon.com/vdp/1ccf408d4a5942769ad6b31b0Ze>

Prepared Meals Delivery Services Available:

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 Postmates Food Delivery <https://postmates.com/delivery/miami>
- 
 UberEats Food Delivery <https://www.ubereats.com>
- 
 Doordash Food Delivery <https://www.doordash.com>
- 
 Grubhub Food Delivery <https://www.grubhub.com/>
- 
 So Heavenly (Glatt Kosher) <http://soheavenly.net/> (305) 308 7417; (786) 999 8432
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 The Carrot (Kosher) <https://www.thecarrotsurfside.com/> (786) 216 7355
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 Lenny's Pizza (Kosher) <https://www.lennypizza.com/> (305) 397 8395

Religious Instruction/Services

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 Virtual classes are being offered by the **Shul of Bal Harbour**. If you would like to join, please download the zoom app from the Apple App Store or Android <https://zoom.us/j/6457054016>

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7:20am-7:55am

Rabbi Zalman Lipskar
Chassidus-Likutei Torah
Shir Hashirim
The Power of Prayer

8:00am-9:00am


Rabbi Dov Schochet
Daf Yomi
Tractate Shabbos

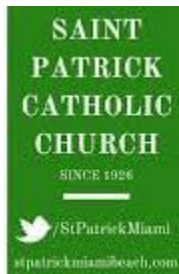
9:05am-9:35am

Rabbi Aryeh Schottenstein
Rambam
One Chapter a day


9:40am-10:30am

Rabbi Shea Rubenstein
The Rebbes Sicha
Pasha of the week

- 2)  St. Patrick's Cathedral (New York City) celebrates Mass at 7:00am Monday-Saturday, and 10:15am on Sunday via this link <https://saintpatrickscathedral.org/live>



St. Patrick's Miami Beach celebrates Mass in both English and Spanish Daily via this link <https://www.stpatrickmiami@beach.com/>. For other Masses in the Archdiocese, please visit https://www.miamiarch.org/CatholicDiocese.php?op=Television_Mass

- 3)  Church by the Sea: Sunday Worship is at 10:30am and Tuesday's meditation is at 7:30. Video sermons and information via this link <https://www.churchbythesea.org/>.

We hope you find this information useful. We'll be sending additional ideas and suggestions over the next several days! And, if you have a great idea that you would like to share, we would love to hear from you! Please contact us at marketing@balharbourflorida.com.

Your Bal Harbour Village Team

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